## FOOD, CULTURE AND HERITAGE (FCH)



Discovering Sustainable Tourism Through Experiential Learning and Storytelling  by Curtin University Malaysia	73
Heritage and Cultural Immersion of Malaysia by INTI International University	75
Rise @ Borneo by Universiti Malaysia Sabah (UMS)	77
The Wonders of Malaysian Heritage  by SEGI University	79
The Malaysian Experience (TheME)  by Sunway University	81
International Immersion Programme Digital Future & Cultural Immersion through Experiential Engagement – Lite Series  by Swinburne University of Technology	83
Terengganu: Explore the Unexplored Beauty by Universiti Teknologi MARA (UiTM)	85
HI-5 Summer Camp by Universiti Malaysia Kelantan (UMK)	87
UMK Wondercamp by Universiti Malaysia Kelantan (UMK)	89

Note : All package prices are subject to change.

UMK-TRaCE by Universiti Malaysia Kelantan (UMK)	91
Malay Gifts by Universiti Malaysia Pahang Al-Sultan Abdullah (UMPSA)	93
A Malaysian Culture and Heritage Adventure by Universiti Malaysia Pahang Al-Sultan Abdullah (UMPSA)	95
Culture & Nature Immersion Summer Camp by Universiti Malaysia Terengganu (UMT)	97
Cultural Odyssey: Experience & Explore by Universiti Kuala Lumpur (UniKL)	99
Malaysian Cultural Immersion: Designs & Heritage Programme by Universiti Kuala Lumpur (UniKL)	101
Indigenous Cultural Village Adventure by Universiti Sultan Zainal Abidin (UniSZA)	103
Youth Language & Culture Camp by Universiti Tenaga Nasional (UNITEN)	105
PSI Heritage Trails Adventure: A Journey Through Time	107
Islamic Global School Network (I-GSN) by Universiti Sains Islam Malaysia (USIM)	109
ArchiCulture, Art & Design : A Journey through Time @ UNESCO Heritage Malaysia by Universiti Sains Malaysia (USM)	1111
Southernmost Heritage Trail of Mainland Asia by Universiti Tun Hussein Onn Malaysia (UTHM)	113
Fun & Run @ Village by Universiti Tun Hussein Onn Malaysia (UTHM)	115
Sarawak Cultural Trail: Exploring Unique Heritage by Universiti Malaysia Sarawak (UNIMAS)	117
Malaysian Food Heritage by Universiti Putra Malaysia (UPM)	119

Note : All package prices are subject to change.



# DISCOVERING SUSTAINABLE TOURISM THROUGH EXPERIENTIAL LEARNING AND STORYTELLING

Category Package: FCH

This programme offers a valuable opportunity for experiential learning. In addition to gaining new knowledge and skills in engaging classes, your horizons will broaden through a range of real-world experiences, including excursions to immerse yourself in the unique culture and heritage of the Sarawakian people, ultimately enriching your career prospects.



## **ACTIVITIES**

Participants will experience the rich tapestry of Sarawak, Borneo through following mind-opening and thrilling activities through:

- Seminars on sustainable tourism and storytelling
- · Talks by guest speaker
- Sightseeing
- Engagement with local communities
- · Reflection and final presentation

## **LEARNING SCOPE**

Upon completion of this programme, participants will be able to:

- Acquire new working knowledge and skills in sustainable tourism
- Understand the fundamental principles of storytelling and its impact on edutourism
- Cultivate creative thinking and writing skills for effective edutourism communication
- Develop skills in creating engaging and relevant digital content tailored to the tourism audience

## **DURATION | MONTH**

1 week

### **FEES**

USD 1,000 per participant

Price inclusive of:

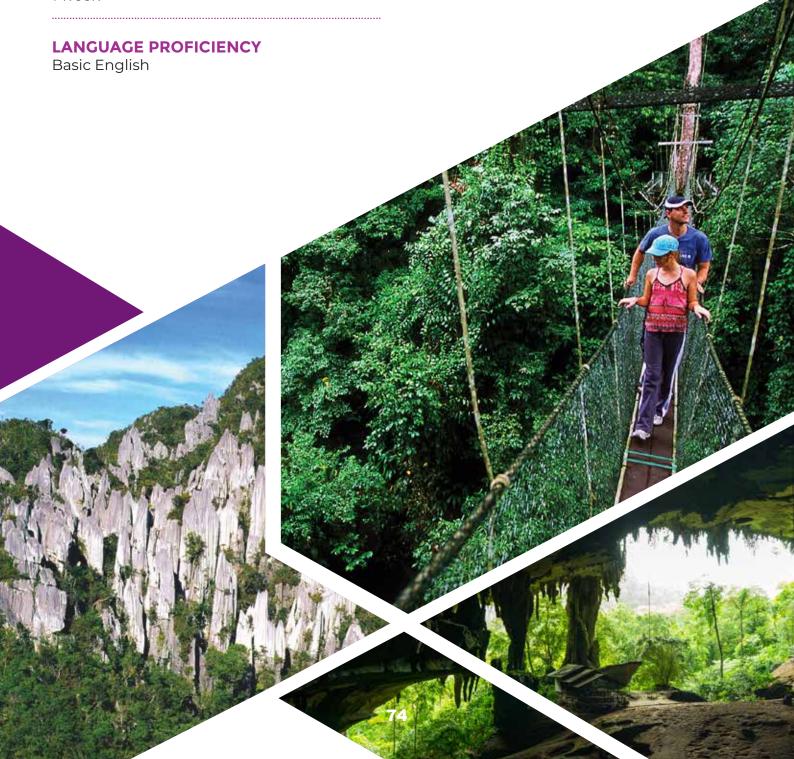
- ACCCOMMODATION
- MEALS (3 MAIN MEALS / DAY)
- GROUND TRANSPORTATION

Note: Minimum no. of 10 participants

## **CREDIT TRANSFER**

Eligible for credit transfer (Subject to the home university's requirement)

## **TARGET GROUP**





# HERITAGE AND CULTURAL IMMERSION OF MALAYSIA

Category Package: FCH

Heritage and Cultural Immersion of Malaysia provides students with an immersive exploration of diverse cultures and academic landscapes. They attend lectures, participate in hands-on activities, and engage with local communities. The activities include campus tours, interactive workshops like traditional music workshop and traditional game class, guided tours to historical sites, and cultural exchanges. This programme offers a unique blend of cultural exchange and education, inspiring participants in fostering intercultural understanding.

## **ACTIVITIES**

Participants will engage in:

- · Traditional music workshops (Gamelan, Caklempong)
- · Traditional games class (Congkak, Batu Seremban)
- · Cultural workshops and activities
- · Malay Language Course
- Guided tour to interesting places and historical sites in Malaysia such as Malacca, Royal Selangor, Batu Caves, Central Market, KLCC and Army Museum, Port Dickson

## **LEARNING SCOPE**

Through hands-on workshops and practical experiences, participants will gain:

- Deep insight into diverse cultures and academic landscapes
- Improved understanding of local communities through engagement
- Exposure to Malaysia's rich cultural heritage and multiracial community
- Enriched intercultural understanding and appreciation
- Immersion in the vibrant cultural tapestry of Malaysia
- Enhanced critical thinking skills with a global perspective

## **DURATION | MONTH**

LANGUAGE PROFICIENCY

7 days

Basic English

(Including the arrival and departure date)

### **FEES**

USD 1,000 per participant

Price inclusive of:

- ON CAMPUS ACCOMMODATION
- AIRPORT SHUTTLE SERVICE (2 WAYS)
- MEALS ON CAMPUS (3 TIMES / DAY)
- TUITION FEES AND TEACHING MATERIALS
- GROUND TRANSPORTATION
- WORKSHOPS

Note: Minimum no. of 10 participants

### **CREDIT TRANSFER**

None

## **TARGET GROUP**









## RISE @ BORNEO

Category Package: FCH

This programme aims to cultivate future leaders with a global mindset; and a deep appreciation of culture and heritage. The young scholars participating in this programme will experience the unique culture and traditions of Sabah, a melting pot of over 30 ethnic groups. The programme is designed in line with the SDG goal to promote inclusive societies and enhance global partnership through knowledge sharing for sustainable development.



Participants will be exposed to:

- Pottery activities
- Marine ecosystem and conservation knowledge
- · Sabah music instruments
- · Historical knowledge of Kota Kinabalu
- · Indigenous communities and cultures
- · Sustainable tourism

## **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

- Gain understanding to local and indigenous culture and traditions
- Engage in meaningful interactions with local communities
- Learn traditional craft-making, play musical instruments, dances, and prepare local cuisines

## **DURATION | MONTH**

LANGUAGE PROFICIENCY

14 days

Basic English

## **FEES**

## **USD 2,000 - USD 2,900**

per participant

Price inclusive of:

- MODULE
- CULTURAL EXPERIENCE
- TRANSPORTATIONS
- MEALS
- ADMINISTRATION
- ACCOMMODATION

## **CREDIT TRANSFER**

Eligible for credit transfer (Subject to the home university's requirement)

1-3 credits (Upon request)

## **TARGET GROUP**





## THE WONDERS OF MALAYSIAN HERITAGE

Category Package: FCH

This programme will deepen the learners' social and historical knowledge on Malaysian heritage that includes culture, local customs, languages, preserved historic buildings, traditional food and festivities.

## ACTIVITIES

Participants will engage in:

SEGi UNIVERSITY

- Events
- · Field trip





## **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

- Demonstrate understanding on Malaysian heritage
- Actively engage in cultural immersion experiences and interactions with local communities

## **DURATION | MONTH**

2 Weeks | January, February, July and September

## **LANGUAGE PROFICIENCY**

Basic English

## **FEES**

USD 2,975 per participant

Price inclusive of:

- ACCOMMODATION
- ONE MAJOR FIELD TRIP

## **CREDIT TRANSFER**

\*Eligible for credit transfer (Subject to the home university's requirement)

## **TARGET GROUP**

Undergraduate students



# THE MALAYSIAN EXPERIENCE (TheME)

Category Package: FCH

Embark on a transformative 4-week journey with The Malaysian Experience that is designed to broaden participants' horizons through immersive cultural experiences and hands-on learning, as well as equipping them with essential skills for future-proof global careers. Through a dynamic array of workshops, tours, and projects, participants will delve into diverse Malaysian topics such as food, business and the arts. Explore the vibrant city of Kuala Lumpur, where every street corner tells a story and every taste tantalises the senses.

Participants also have the opportunity to forge meaningful connections with local communities through homestavs. volunteering initiatives, and cultural **Participants** engagements. challenged to step out of their comfort zones to embrace new Malaysian perspectives while honina effective communication and teamwork skills. Through this programme, participants will not only gain invaluable insights into local culture and society but will also cultivate a global outlook and professional acumen that will set them apart in today's interconnected world.





## **ACTIVITIES**

Participants will engage in:

- Learning and Engagement lectures, workshops, dialogues, discussions and presentations
- Community Involvement community service, volunteerism and group activities
- Exploration and Discovery site visits, field trips and educational tours
- Cultural Immersion homestay experience and interacting with local communities

### **LEARNING SCOPE**

Participants will be able to:

- Gain invaluable insights into the Malaysian culture and society through immersive experiences, workshops, and cultural engagements.
- Develop essential skills such as effective communication, teamwork, and adaptability while embracing new perspectives and forging meaningful connections with local communities.
- Cultivate a global outlook and professional acumen that will equip them for future-proof careers in today's interconnected world.

### **FEES**

USD 1,900 per participant

Price inclusive of:

- APPLICATION
- · COURSE
- FIELD TRIPS
- · CULTURAL ACTIVITIES
- · ON-CAMPUS STUDENT ACCOMMODATION
- AIRPORT TRANSFERS
- · MEALS

## **TARGET GROUP**

Undergraduate students

## **DURATION | MONTH**

4 weeks

## LANGUAGE PROFICIENCY

Intermediate English (Minimum: CEFR B1 or equivalent)

## **CREDIT TRANSFER**

Eligible for credit transfer (Subject to the home university's

requirement)







SWINBURNE UNIVERSITY OF TECHNOLOGY SARAWAK CAMPUS

# INTERNATIONAL IMMERSION PROGRAMME DIGITAL FUTURE & CULTURAL IMMERSION THROUGH EXPERIENTIAL ENGAGEMENT - LITE SERIES

Category Package: FCH

We invite participants from all around the world to learn new knowledge accompanied by the rich Sarawak culture and biodiversity. The rainforest in Sarawak is one of the oldest in the world and its diverse ethnic communities are well-known for their friendliness. Kuching, the capital of Sarawak, has been described as one of the most liveable cities in Southeast Asia. The programme also introduces Malaysia with a visit to the capital city, Kuala Lumpur.

This 1-week programme invites participants to immerse themselves into international university campus life in Sarawak while learning about emerging technology and the digital future that they bring. The programme introduces students to Sarawak's rich biodiversity and diverse cultures, as well as highlights the thriving multiracial society living in Malaysia.







## TERENGGANU: EXPLORE THE UNEXPLORED BEAUTY

Category Package: FCH

Experience an unforgettable 14-day journey in Terengganu, Malaysia, immersing in its vibrant culture, natural beauty, and community life. Participants will engage in traditional dance, hands-on craft workshops, and cooking local dishes while exploring key cultural sites. The program promotes community engagement, language practice, and supports UN Sustainable Development Goals such as quality education and environmental conservation.

Highlights include visiting landmarks like Payang Market and the State Museum, turtle and firefly cruises, and adventures to Kenyir Lake and the pristine islands of Kapas, Redang, and Perhentian - offering rich cultural exchange and lasting memories in one of Malaysia's most captivating regions.



Participants will engage in:

- Cultural discussions and interactive practices
- Engaging presentations and hands-on workshops
- · Malay language learning sessions
- Exciting outdoor explorations including island / lake activities
- Activities aligned with the UN Sustainable Development Goals (SDGs)



Rumah Kraf Batil

Upon completion of the programme, participants will be able to acquire:

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- Basic proficiency in the Malay language through interactive workshops and practice
- Opportunities to engage in meaningful exchanges with local communities and fellow participants
- A deeper appreciation and understanding of Malaysian culture, enriched by hands-on activities and immersive experiences

## **DURATION | MONTH**

14 days

## LANGUAGE PROFICIENCY

Basic English (Minimum: B1 CEFR level)

### **FEES**

USD 1,500 per participant

Price inclusive of:

- ACCOMMODATION
- PROGRAMME KITS
- MEALS (2 TIMES A DAY)
- LAND TRANSPORTATION IN TERENGGANU

## **CREDIT TRANSFER**

None

## **TARGET GROUP**

General Public





981 2427 (Rohani Ali)

MPD.002/2-1/94

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## HI-5 SUMMER CAMP

Category Package: FCH

HI-5 Summer Camp is a programme to showcase the uniqueness of Kelantan through the modern vibe in order capture the interest of young generation. This programme aims to promote the essence of Kelantan by blending the tradional value of Kelantan that has been translated into the way of life among Kelantanese with the fresh perspective of 21st century technology and thinking.

### **ACTIVITIES**

Participants will engage in:

- **HERITAGE TRAIL:** A heritage tour and visits to historical spots, exposure to Malay customs, cultural values and beliefs, dialects and traditional performances which include Mak Yong and Wayang Kulit
- **INNOVATION TRAIL:** A workshop on creative thinking and innovation, exposure to the traditional and contemporary art of Kelantan such as Wau, Batik and Songket making
- **FOOD TRAIL:** A trail through diverse culinary offerings served by the Kelantanese of multiple ethnics followed by a cooking class because Kelantanese cuisine is a must-try!
- **ISLE TRAIL:** Visits to the serene and tranquil beaches or islands in the northern east-coast of Peninsular
- VETERINARY TRAIL: Unveiling the One Health concept in relation to animal industry in Kelantan (including horses, cattle, sheep and goats) and its implications for environmental sustainability
- **EARTH TRAIL:** Nature exploration through jungle trekking / mountain hiking that will thrill the nature lovers!

## **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

- Promote appreciation and love towards heritage, culture, nature through edutourism
- Understand sustainable practices within animal industry and their impact on the environment

## **DURATION | MONTH**

## FEES USD 300 - USD 1,200

per participant

Price inclusive of:

- ACCOMMODATION
- MEALS
- TRANSPORTATION
- INSURANCE
- CERTIFICATE

## **CREDIT TRANSFER**

None





## **UMK WONDERCAMP**

Category Package: FCH

UMK Wondercamp aims to showcase the Kelantanese heritage, its authenticity and the local culture that shape the entrepreneurial traits among Kelantanese. There are four elements that are highlighted in this programmecapturing the essence of Kelantan such as heritage trail, entrepreneurship trail, food trail and nature trail.

Participants will engage in:

- ENTREPRENEURSHIP TRAIL: A workshop on local entrepreneurship and engagement with the local entrepreneurs.
- HERITAGE TRAIL: A heritage tour and visits to historical spots, exposure to Malay customs, cultural values and beliefs, dialects and traditional performances which include Mak Yong and Wayang Kulit
- FOOD TRAIL: A trail through diverse culinary offerings served by the Kelantanese of multiple ethnics followed by a cooking class because Kelantanese cuisine is a must-try!
- NATURE TRAIL: Green Nature exploration of the outskirts of Kelantan that will thrill the nature lovers!

## **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

 Promote appreciation and love towards heritage, culture and nature through edutourism

## **DURATION | MONTH**

5 - 7 days

## LANGUAGE PROFICIENCY

Basic English

## **FEES**

USD 250 - 500 per participant

## **CREDIT TRANSFER**

None

### **TARGET GROUP**



## **UMK-TRaCE**

Category Package: **FCH** 

UMK-TRaCE is a proud initiative by UMK to showcase UMK's very own tropical rainforest research center, majestically nestled in the Titiwangsa Mountains. UMK-TRaCE is all about nature and adventure that one could ask to heal from the hustle and bustle of a city. The experience of engaging with indigenous communities and witnessing the rich flora and fauna at Tasik Banding, Gerik, will undoubtedly enrich participants' understanding of human nature and leave them with lasting impressions for a lifetime!









## **MALAY GIFTS**

Category Package: **FCH** 

This 30-hour course introduces spoken Bahasa Melayu and essential elements of Malay culture. Focused on practical communication, it covers topics like family, personal stories, and daily transactions. Participants will also experience a homestay with a local family and visit key cultural sites, offering an immersive experience in the Malay way of life. This combination of language practice and cultural exposure provides valuable insights into both traditional and contemporary Malay culture, fostering a deeper appreciation and connection.

## **ACTIVITIES**

Participants will engage in:

- A series of culturally immersive activities designed to deepen their understanding of Malay culture and traditions through:
- My Family, Friends, and I: Discover the social values and relationships central to Malay communities
- **Directions:** Learn to navigate local areas while engaging with the environment
- Numbers: Understand the role of numbers in daily transactions and cultural practices
- Campus Tour: Visit local institutions to explore education in Malay society
- · Presentation: Share personal insights and cultural reflections
- · Royal Town Tour: Explore Malaysia's regal heritage and traditions
- $\cdot\,\,$  KL City Tour: Experience the blend of modern and traditional in the capital
- · Putrajaya Tour: Discover Malaysia's administrative and architectural highlights
- · Recreational Activities: Participate in community-based leisure and cultural experiences







managing taxi fares · Immerse in the richness of local culture and heritage

## **DURATION | MONTH**

environments

**LEARNING SCOPE** 

will be able to:

14 days

## LANGUAGE PROFICIENCY

Basic English

### **FEES**

USD 1,250 per participant

Price inclusive of:

- BUDDIES
- SOUVENIRS
- LOCAL EXCURSIONS
- RECREATIONAL ACTIVITIES
- INDUSTRIAL AND CULTURAL VISITS
- CLASSES
- GROUND TRANSPORTATION
- ACCOMMODATION
- MEALS

## **CREDIT TRANSFER**

None

## **TARGET GROUP**





# A MALAYSIAN CULTURE AND HERITAGE ADVENTURE

Category Package: FCH

Set against the backdrop of Malaysia's rich cultural mosaic, this 30-hour programme offers a deep dive into the nation's diverse heritage. Participants will explore the realms of language, religion, social customs, cuisine, attire, music, arts, and traditional games, utilising authentic materials for a genuine learning experience. The programme also integrates a communicative aspect of the English language, employing varied teaching tools to cater to different learning styles. This enriching journey promises an unparalleled insight into Malaysia's unique cultural fabric, making it an exceptional opportunity for those keen to immerse themselves in the true essence of Malaysian life, all while enhancing their English proficiency.



Participants will engage in activities such as:

- UMPSA at Heart: Learn about UMPSA's unique culture and spirit to build a strong connection with the university community.
- · Malaysia Truly Asia: Discover Malaysia's identity as a melting pot of Asian cultures and its role on the global stage.
- Ethnic Groups in Malaysia: Explore the customs and traditions of Malaysia's diverse ethnic communities.
- · Indigenous community in Malaysia: Learn about the lives, history, and culture of Malaysia's indigenous peoples
- Traditional Dances: Experience the beauty and grace of Malaysian traditional dance
- · Sports and Traditional Games: Take part in traditional sports and games, while enjoying their cultural significance
- · Royal Town Tour (Pekan): Discover the history and heritage of Pekan and its national importance
- · KL City Tour: Explore Kuala Lumpur's vibrant culture, modern attractions, and local cuisine
- Putrajaya Tour: Visit Malaysia's administrative capital, known for its architecture and gardens
- · Recreational Activities: Enjoy fun and relaxing activities in Malaysia's natural settings
- · Voice Cultural Insights: Build confidence to speak about Malaysian culture through personal reflections and insights
- **Narrate Their Cultural Expedition:** Share and present the journey's highlights and personal takeaways through storytelling

## **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

- · Discover Malaysia's essence by diving into Malaysia's traditions and cultural heritage
- · Explore cultural diversity by understanding the uniqueness of Malaysia's multi-ethnic society
- · Connect with local communities by engage directly with local people
- · Experience hands-on learning by participating in activities that promote meaningful cultural exchange
- · Express personal experiences and perspectives on Malaysian culture

## **DURATION | MONTH**

14 days

## LANGUAGE PROFICIENCY

Basic English (Minimum: A2 CEFR level)

## **FEES**

USD 1,250 per participant

Price inclusive of:

- BUDDIES
- SOUVENIRS
- LOCAL EXCURSIONS
- RECREATIONAL ACTIVITIES
- INDUSTRIAL AND CULTURAL VISITS
- CLASSES
- GROUND TRANSPORTATION
- ACCOMMODATION
- MEALS

## **CREDIT TRANSFER**

None

## **TARGET GROUP**





Category Package: **FCH** 

The Culture and Nature Immersion Summer Camp offers a hands-on learning experience where participants actively engage in both academic and cultural activities. Through immersive exposure to nature and the vibrant local culture of Terengganu as well as the broader Malaysian cultural landscape, participants gain valuable insights while enjoying a meaningful journey. The programme strikes a thoughtful balance between classroom learning and field visits, allowing students to deepen their understanding of nature, local traditions, and cultural identity. Ultimately, it aims to provide a rich, memorable experience that blends education with exploration.



Participants will engage in:

- Lectures
- · Edu-trip to nature mangrove at Setiu Wetland
- · Natural, Historical & Architectural Exploration Terengganu
- · Terengganu traditional dance and musical instrument
- · Learning basic Malay Language and Terengganu dialect
- · Corporate Social Responsibility activity with community

At the end of the programme,

participants will be able to: · Communicate in simple

- · Edu-trip SEATRU at Redang Island (Snorkelling activities, Sea turtle @ Chagar Hutang)
- · Campus tour

LEARNING SCOPE

## **DURATION | MONTH**

14 days

## LANGUAGE PROFICIENCY

Intermediate English

## **FEES**

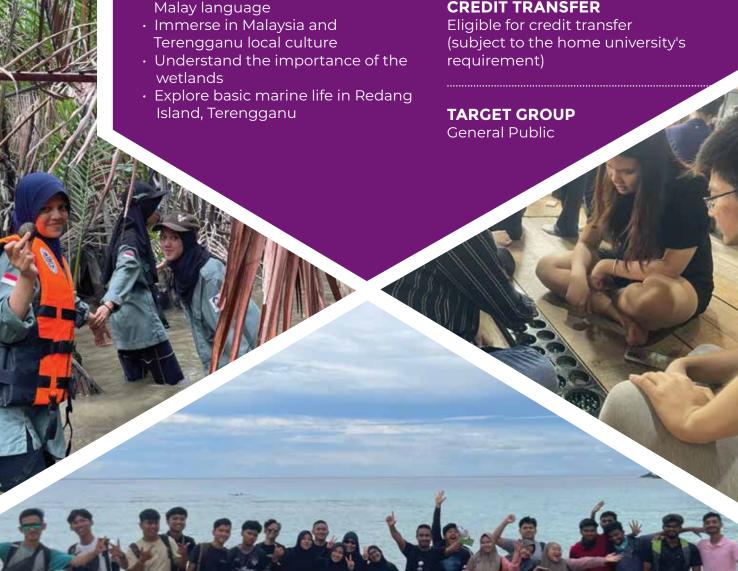
**USD 500** per participant

Price inclusive of:

- **LECTURE MATERIALS**
- **ACCOMMODATION**
- **CULTURE AND NATURE CLASS.**
- LOCAL EXCURSION
- **MEALS DURING PROGRAMME**
- AIRPORT TRANSFERS
- GROUND TRANSPORTATION
- CERTIFICATE

Note: Minimum no. of 15 participants

## **CREDIT TRANSFER**





Participants will engage in:

- · An exchange of cultural insights with the locals
- · Indulging in the delights of Malaysian cuisine
- · Guided tours of historical landmarks and architectural marvels

## Options:

- Package A: Culinary and Cultural Adventure Embracing Multicultural Culinary Immersion
- Package B: Exploration of Muticultural Architectural Wonders Embracing Multicultural Architectural Marvels



## **LEARNING SCOPE**

At the end of the programme, participants will be able to:

- · Gain first hand Malaysian cultural and language knowledge
- Explore Malaysia's culinary culture within the multicultural communities
- Be exposed to the muticultural architectural wonders and marvels
- · Gain critical thinking skills with glocal perspectives

## **DURATION | MONTH**

1 week

## LANGUAGE PROFICIENCY

Basic English

### **FEES**

USD 780 per participant

Price inclusive of:

- WELCOME PACK
- MEALS (3 TIMES A DAY)
- TRANSPORTATION (FIELD TRIPS, AIRPORT TRANSFERS)
- COURSE MATERIALS
- CERTIFICATE

Note: Minimum no. of 5 participants

## **CREDIT TRANSFER**

None

## **TARGET GROUP**





Participants will engage in activities such as:

- · Wood carving workshop
- · Batik workshop
- · Malay language exposure
- · Cultural activities and excursions

## **LEARNING SCOPE**

Through hands-on workshop and practical experiences, participants will be able to:

- Learning focus encompasses product design
- Learning focus encompass the traditional product designs
- · Basic Malay Language skills
- Experience in cultural excursions and industrial visits
- Critical thinking skills with glocal perspectives

## **FEES**

USD 1,000 per participant

Price inclusive of:

- WELCOME PACK
- MEAL (3 TIMES A DAY)
- GROUND TRANSPORTATION
- AIRPORT TRANSFERS
- COURSE MATERIALS
- PARTICIPATION CERTIFICATE

Note: Minimum no. of 10 participants

## **CREDIT TRANSFER**

None



## **DURATION | MONTH**

1 week

## LANGUAGE PROFICIENCY

Basic English







## INDIGENOUS CULTURAL VILLAGE ADVENTURE

Category Package: **FCH** 

Orang Asli, especially the Batek tribe, of the indigenous one communities that still practice traditional life. They have a very unique and high value cultural element. All cultural elements are influenced by the environment based on nature. These cultural elements certainly serve as an indicator of their identity and have their uniqueness compared other to ethnic groups in Malaysia. The cultural elements need to be explored to be one of the tourism attractions.









## **YOUTH LANGUAGE** & CULTURE CAMP

Category Package: FCH

This immersive programme offers a unique blend of cultural exploration and environmental awareness. Participants will engage with local communities, learn Bahasa Melayu, the national language of Malaysia and experience traditional life through a village homestay. Highlights include a Malay dance workshop and a visit to the UNESCO World Heritage city of Melaka. This programme provides a unique blend of cultural immersion, adventure and meaningful learning experiences.





# LEARNING SCOPE

Upon completion of the programme, participants will be able to:

· Visit to Batu Caves and Melaka

· A village homestay experience

.....

UNESCO historical city

- · Learn basic local language
- · Interact with locals and foreign youth participants
- · Actively engage in cultural immersion activities

Basic English

#### **FEES**

USD 2,000 per participant

Price inclusive of:

- TUITION
- ACCOMMODATION
- MAIN MEALS
- BUDDIES
- EXCURSION
- GROUND TRANSPORTATION

# **CREDIT TRANSFER**

Eligible for credit transfer (Subject to the home university's requirement)

# **TARGET GROUP**



PSI HERITAGE TRAILS ADVENTURE: A JOURNEY

THROUGH TIME

Category Package: **FCH** 

Embark on a fascinating exploration of Tanjong Malim's rich history with UPS's Heritage Trail, featuring historic buildings and monuments from the British colonial era, the Japanese occupation, the Malayan and Emergency. This unique adventure includes guided tours of key heritage sites, offering an engaging and informal learning experience. Participants will discover over 23 historical landmarks on campus.



Jniversiti Endidikan

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SULTAN IDRIS EDUCATION UNIVERSITY

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# **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

- · Gain a deeper understanding of Tanjong Malim's historical significance, including its colonial past, the Japanese occupation, and the Malayan Emergency
- · Appreciate the architectural and cultural heritage of over 23 historical landmarks on campus
- · Reflect on the impact of these historical events on the local community and Malaysia as a whole
- · Develop an informed perspective on the historical narrative of the region through a guided immersive experience
- · Share their knowledge of Tanjong Malim's heritage with others, enriching their understanding of Malaysian history.

# LANGUAGE PROFICIENCY

- · Basic English
- Basic Malay

#### **FEES**

**USD 40** per participant

Price inclusive of:

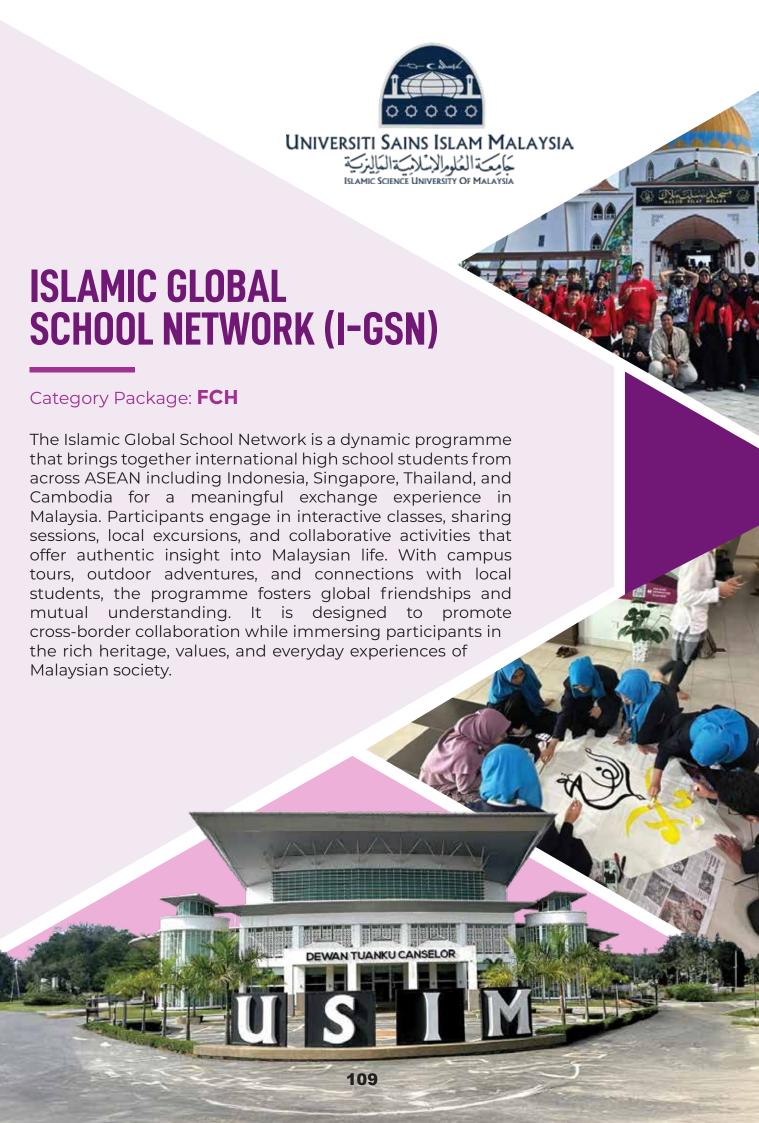
- ACCOMMODATION
- MEALS (3 TIMES PER DAY)
- TRANSPORTATION
- AIRPORT TRANSFER
- CERTIFICATE

Note: Minimum no. of 10 participants

# **CREDIT TRANSFER**

None

# **TARGET GROUP**





Participants will engage in:

- Class
- Excursion
- · Cultural Exhange and Showcase
- · City Tour
- Group Activities
- · Outdoor Activities

# **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

- Gain a deeper understanding of Malaysian culture through immersive cultural activities and meaningful appreciation
- Engage actively with the local communities
- Interact and engage with participants from diverse countries

# **DURATION | MONTH**

7 days | May & September

LANGUAGE PROFICIENCY

Basic English

#### **FEES**

**USD 300** per participant

Price inclusive of:

- ACCOMMODATION
- MEALS (3 TIMES PER DAY)
- TRANSPORTATION
- AIRPORT TRANSFER
- CERTIFICATE

# **CREDIT TRANSFER**

None

# **TARGET GROUP**

High school students



# ARCHICULTURE, ART & DESIGN: A JOURNEY THROUGH TIME @ UNESCO HERITAGE MALAYSIA

Category Package: FCH

The programme is dedicated to honoring and safeguarding the diverse multicultural heritage within the historic cities of the Straits of Melaka (Melaka and George Town). With a history that spans over 500 years, marked by vibrant trade and cultural exchanges between the East and West, this initiative aims to highlight the rich tapestry of influences that have shaped these cities. Through a series of immersive and engaging activities, this programme seeks to explore and showcase both the tangible and intangible aspects of Asian and European cultures.

The core objective of the programme is to foster a deeper appreciation and understanding of this unique heritage, while emphasizing the importance of sustainable preservation and conservation efforts. By bringing attention to these cultural treasures, this initiative aspires to inspire a lasting commitment to protecting and nurturing the heritage of the Straits of Melaka, ensuring that it continues to thrive for future generations.



Participants will engage in:

- Exploration of Georgetown City and Melaka City and its UNESCO Heritage Buildings
- · Visit to Armenian Street and Jonker Street to experience its vibrant street art
- Engagement with local architects, historians, social scientists and artists for their insights and perspectives
- · Immersion in the local culture through various cultural activities
- · Exploration of diverse architectural styles and features
- Understanding Malay and English languages and their cultural contexts
- · Learning about Sustainable Development Goal 11: Sustainable Cities and Communities

landmarks

- · Reflect on the preservation challenges faced by historic cities in the context of modernization
- · Discuss strategies for sustainable conservation and adaptive reuse of architectural heritage
- · Be inspired to become advocates for the protection and promotion of architectural heritage
- · Interact with local buddies to deepen cultural understanding.

# **DURATION | MONTH**

10 days

# LANGUAGE PROFICIENCY

Basic English

# **USD 1,650** per participant

Price includes:

- MEALS
- TRANSPORTATION
- ACCOMMODATION
- MODULE
- VISITS
- CERTIFICATE

Note: Minimum no. of 15 participants

# **CREDIT TRANSFER**

Eligible for credit transfer (Subject to the home university's requirement)

#### **TARGET GROUP**

- · High school students
- · University students



# SOUTHERNMOST HERITAGE TRAIL OF MAINLAND ASIA

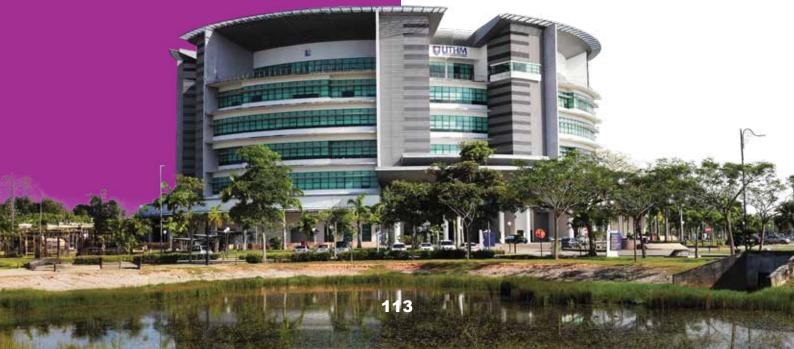
Category Package: FCH

# Trail to the Edge: Exploring Mainland Asia's Southernmost Heritage

This programme covers the introduction of a Peninsular Malaysia's southern region, the Johor state. This 5-days programme provides participants with the opportunity to explore the beauty of Johor. Embark on a diverse journey through a village stay, exploration of a RAMSAR site, tracing the heritage trails of Johor Bahru city, relaxing on the pristine beaches of the east coast, and immersing in rural communities and natural wonders. This programme aims to showcase the unique village life through stays, highlighting ecological significance of RAMSAR sites, uncovering the historical treasures of Johor Bahru city, providing rejuvenating excursions. and fostering beach connections with rural communities and their natural surroundings.







Participants will engage in:

- · Village stay
- · RAMSAR site exploration
- · Johor Bahru heritage city trail
- · East coast beaches excursion
- · Rural community interaction
- · Natural exploration

#### **LEARNING SCOPE**

Upon completion of the programme, participants will be able to:

- Immerse in cultural experiences and gain knowledge of Malaysia's diversities
- Appreciate the natural beauty of Southernmost Heritage Trail of Mainland Asia

# **DURATION | MONTH**

LANGUAGE PROFICIENCY

5 days

Basic English

#### **FEES**

**USD 660** per participant

Price includes of:

- ACCOMMODATION
- MEALS
- GROUND TRANSPORTATION
- ENTRANCE
- ACTIVITIES

Note: Minimum no. of 15 participants

# **CREDIT TRANSFER**

Eligible for credit transfer (subject to the home university's requirement)

# **TARGET GROUP**







Category Package: FCH

# Village Ventures: Embrace, Explore, Energise

This programme introduces participants to the local life, culture and tradition, including signature products of Johor specifically in Ayer Hitam and the surrounding area. This 4-day programme offers participants a hands-on opportunity to explore and experience Malaysia's rich artistic and cultural heritage. Through activities such as paddy field trails, kite making, pottery, traditional food preparation, and cultural performances, participants gain practical insights into local traditions. Highlights include visits to art and craft centres and immersive *kampung* (village) living experiences, providing a strong foundation in cultural appreciation and conservation. This programme aims to inspire a sense of adventure and discovery, promote appreciation for local culture and traditions, and offer opportunities for physical activity in a picturesque village setting.



Participants will engage in:

- · Paddy field trail
- · Kite-making
- · Pottery-making
- · Art & craft centre visit
- · Kampung live experience
- · Traditional foods preparations
- · A dance performance

# LEARNING SCOPE

Through hands-on workshops and practical experiences, participants will:

- Immerse in cultural experiences and interactions with local communities
- Demonstrate practical skills gained from hands-on session of local craft products
- Appreciate the natural beauty of village environment and local preservation

**DURATION | MONTH** 

4 days

LANGUAGE PROFICIENCY

Basic English

- MEALS
- GROUND TRANSPORTATION
- ENTRANCE
- ACTIVITIES

Note: Minimum no. of 10 participants

#### **CREDIT TRANSFER**

None







# SARAWAK CULTURAL TRAIL: EXPLORING UNIQUE HERITAGE

Category Package: FCH

Immerse yourself in Sarawak's rich cultural tapestry through our programme, offering captivating experiences in the region's diverse heritage. Delve into the heart of Sarawak's vibrant festivals, explore iconic tourist destinations, and discover the stories woven into its historical landmarks. By staying with local communities, participants will gain profound insights into their traditions, celebrations, and way of life. Our hands-on approach aims to cultivate a deep appreciation for Sarawak's cultural diversity while promoting sustainable tourism practices. Join us on this journey of cultural discovery, where every encounter becomes a meaningful exchange, fostering mutual understanding and enriching experiences for all involved.



Participants will experience this programme with the local community through hands-on workshop with the local communities, producing documentary on Sarawak's culture and heritage. The participants will experience this programme through:

- · An immersive stay with the local communities
- · Exploring Sarawak Cultural Village to watch the cultural show and to taste the delicacies
- · Tour around Kuching City (old heritage buildings)
- · Visit to Annah Rais Longhouse, Borneo Cultural Museum and Islamic Heritage Museum



# LEARNING SCOPE

Upon completion of the programme, participants will gain:

- · A comprehensive understanding of Sarawak's rich cultural tapestry, including its diverse heritage and vibrant festivals
- · Deep insights into the traditions, celebrations, and way of life of local communities through immersive experiences
- · Knowledge of iconic tourist destinations and historical landmarks in Sarawak, along with the stories woven into them.
- · Practical skills in sustainable tourism practices aimed at promoting responsible travel
- · Enhanced cultural sensitivity and appreciation for the cultural diversity of Sarawak
- · The ability to facilitate meaningful exchanges and foster mutual understanding through cultural interactions

# **DURATION | MONTH**

10 days

# LANGUAGE PROFICIENCY

Basic English

# **FEES**

**USD 1,100** per participant

Price includes:

- ACCOMMODATION
- MEALS
- GROUND TRANSPORTATION
- INSURANCE
- CERTIFICATE

Note: Minimum no. of 15 participants

# **CREDIT TRANSFER**

None

# **TARGET GROUP**





# MALAYSIAN FOOD HERITAGE





Category Package: FCH

Experience a journey into Malaysia's dynamic food heritage through our immersive programme. Known "Malaysia Truly Asia," the country's rich diversity is epitomized by its status as a "food paradise." Participants will delve into the cultural and traditional heritage of unique delicacies, guided by locals. Explore the harmonious coexistence of different races while discovering the deeper meanings behind Malaysia's culinary tapestry. This programme offers a special opportunity to embrace the essence of Malaysian culture holistically, enriching your understanding of its diverse their communities and culinary traditions. Join us for an unforgettable exploration of flavors and traditions in the heart of Asia.

#### **ACTIVITIES**

Participants will engage in:

- · Lectures and knowledge exchange
- Academic visits to renowned faculties / centres / UPM eDU-PARK®
- Hands on session and field trip to unique historical, cultural & traditional heritage places
- · An exquisite journey through "Food Paradise"
- Cultural excursion with local residents and BUDDIES.





#### LEARNING SCOPE

Upon completion of the programme, participants will gain:

- An enriched insight of the Malaysian traditional delicacies, cultural and heritage exploration
- Life-long learning skills: global perspective, adaptability and flexibility, language acquisition, critical thinking and problem-solving abilities
- Malaysian local cultures, history and heritage experiences
- Deeper understanding on the diverse and multi-racial Malaysian food culture and traditional heritage

# **DURATION | MONTH**

7 days

# LANGUAGE PROFICIENCY

Basic English

#### **FEES**

USD 1,000 per participant

Price includes:

- LECTURE / CLASS
- ACCOMMODATION
- AIRPORT TRANSFERS
- GROUND TRANSPORTATION
- TRADITIONAL AND CULTURAL ACTIVITIES
- EXPERIENTIAL LEARNING FIELD TRIPS
- **CULTURAL TOURS**
- WELCOME AND FAREWELL CEREMONY
- CERTIFICATE

# **CREDIT TRANSFER**

None



